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500 Citadel Drive Suite 120, Los Angeles, CA 90040-1528 800-796-7846

December 10, 1999


Dr. Elizabeth Yetley
Office of Special Nutritionals
Food and Drug Administration
200 C Street SW
Washington D.C. 20204

Dear Dr. Yetley:

We are offering for sale the following product Optio Mind Relief, with the following
Structure/Function claim: Promotes Calmness and Tranquility.

The FDA disclaimer will also appear on the label.

Sincerely,


Katie Ferren
Marketing Director

97S-0162

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